

Danza Kuduro - Don Omar

TC	Song Part	Choreography	Reps
0:00	Intro	Hop and smile! :)	
0:16	A	Arm circle above head with hips in circle – wine with hands on hips – turn – shimmy to front – step side to side – abs	2x
0:45	B-1	2x slide left with hands, 2x slide right with hands	
1:00	A	Arm circle above head with hips in circle – wine with hands on hips – turn – shimmy to front – step side to side – abs	1x
1:15	B-2	2 step to right – circle pump 2 steps to left – circle pump	
1:28	C	SSD Hops - change arm movement	
1:44	A	Arm circle above head with hips in circle – wine with hands on hips – turn – shimmy to front – step side to side – abs	2x
2:14	B-3	2 step to right – pull down for abs 2 steps to left – pull down for abs	
2:27	C	SSD Hops - change arm movement	
2:43	A	Arm circle above head with hips in circle – wine with hands on hips – turn – shimmy to front – step side to side – abs	2x