

Flamenco Oriental - Dalida

TC	Song Part	Choreography	Reps
0:00	Intro	Slow hips side to side Add in snake arms as tempo builds	
0:26	A	Step touch in front to each side with hip up and belly dance arms up - hips to the tempo during "Heys" 6x	
0:53	B	Step touch with hip and arms up to left- small step side to side with crunches- then switch direction	
1:21	A	Step touch in front to each side with hip up and belly dance arms up - hips to the tempo during "Heys" 6x	
1:36	B	Step touch with hip and arms up to left- small step side to side with crunches- then switch direction- End with "Heys" 6x to the tempo	
2:08	C	Small wine with step to each side, add arms over head hips @ end with "Heys"	
2:29	A - 2	Step touch in front to each side with hip up and belly dance arms up - Transition to circle in each direction	
2:52	D	Omis in the middle, no movement to sides	
3:03	B	Step touch with hip and arms up to left- small step side to side with crunches- then switch direction - repeat one last direction then into crunches	
3:47	A - 2	Step touch in front to each side with hip up and belly dance arms up - Transition to circle in each direction	
4:10	Outro	Hip Accents	6x