

Magalenha - Sérgio Mendes

TC	Song Part	Choreography	Reps
0:00	Intro1	Slow samba steps with flowy arms	
0:27	Intro2	SSD Slow samba hips with arms Fast samba hips 4x (without arms)	
0:46	A	SSD Fast Samba hips	
1:12	B	Step crossover to right 4x – kick up back 4x Step crossover to left 4x – kick up back 4x	1x
1:29	C	Step forward with hands up at chin 4 steps Samba backwards 4 steps	4x
1:45	D	Arms out and pivot in circle while rotating hips – step side to side – bellydance arms – go in other direction	3x
2:10	C	Step forward with hands up at chin 4 steps Samba backwards 4 steps	4x
2:22	A	SSD Fast Samba hips	
2:45	B	Step crossover to right 4x – kick up back 4x Step crossover to left 4x – kick up back 4x	1x
3:01	C	Step forward with hands up at chin 4 steps Samba backwards 4 steps (4x) then do the same thing in each direction, side, back, side	